SOLDEN FLOWER

Veterinary Newsletter 👫 Winter 2009









ear Doctor of Veterinary Medicine, We at Golden Flower Chinese Herbs wish you all the best for 2009. For those of you that don't know us, we offer acupuncture needles, books, essential oils, topical herbal products, high quality, concentrated Chinese herbal tablets and granules, and clinical supplies for use in your veterinary practice.

You can find out more about us and view our catalog at our website: www.gfcherbs.com or visit us at these veterinary acupuncture classes and conferences throughout the year.

Golden Flower Chinese Herbs offers free consultations for practitioners of Chinese medicine at (800) 729-8509. We would be happy to assist you with any questions that you may have.

We hope you find this newsletter useful and welcome your suggestions for future newsletters. Sincerely,

In bet Lorena Monda

John Scott, DOM and Lorena Monda, DOM

AAVA ANNUAL MEETING March 13-15, 2009 Albuquerque, New Mexico

IVAS CONGRESS August 26-29, 2009 San Antonio, Texas

AVCA ANNUAL CONFERENCE October 23-25, 2009 Lexington, Kentucky

AHVMA Annual Conference September 12-15, 2009 Fitchburg, Massachusetts

IVAS BASIC COURSE ON VETERINARY ACUPUNCTURE October 14-18, 2009 November 18-22, 2009 Atlanta, Georgia

Top Selling Golden Flower Chinese Herb Formulas Other Formulas Recommended by our DVM Consultants Signe Beebe, DVM and Deneen Fasano, DVM for Veterinary Practice

Viola Clear Fire Formula Di Ding Qing Huo Pian

Yin Chiao Formula Yin Qiao San

Free & Easy Wanderer Plus Jia Wei Xiao Yao San

Corydalis Formula Shao Yao Gan Cao Jia Yan Hu Tang

Coptis Relieve Toxicity Formula Huang Lian Jie Du Pian

Rehmannia Six Formula Liu Wei Di Huang Wan

Six Gentlemen Formula Liu Jun Zi Tang

Pulsatilla Intestinal Formula Bai Tou Weng Li Chang Fang

Du huo & Loranthus Formula Du Huo Ji Sheng Tang

Juan Bi Formula Juan Bi Tang

Amber Stone Transforming Formula Hu Po Hua Shi Pian

Gastrodia & Uncaria Formula Tian Ma Gou Teng Yin

Blood Palace Formula Xue Fu Zhu Yu Tang

Bone & Sinew Formula Gu Xu Jin Fang

Bupleurum & Tang Kuei Formula Xiao Yao Wan

Chase Wind, Penetrate Bone Zhui Feng Tou Gu Wan

Earth Harmonizing Formula He Tu Pian

Four Marvels Formula Si Miao Wan

Gentiana Drain Fire Formula Long Dan Xie Gan Tang

Ginseng **Nourishing Formula** Ren Shen Yang Ying Wan

Rehmannia & Scropularia Formula Zhi Bai Di Huang Wan

San Qi Formula San Qi Pian

Tang Kuei & Salvia Formula Jia Wei Si Wu Tang

Women's Precious Formula Ba Zhen Tang

For more information on how to use these formulas in your clinic, please consult the *Clinical Handbook of Chinese Veterinary Herbal Medicine* (see back page).

BEHAVIORAL FORMULAS FOR ANIMALS BEHAVIORAL ISSUES STEMMING FROM LIVER QI STAGNATION

In Traditional Chinese Medicine (TCM), the liver governs free flowing movement of the qi and is symbolized by the willow tree bending and swaying gently with the wind. Free and easy adaptation to situations and to others is the behavioral hallmark of smooth flowing liver qi. When qi does not move freely, either flowing sluggishly or getting stuck, it gives rise to behavior that can be unpredictable and excessive. The liver qi can stagnate from psychological stress such as prolonged confinement, excessive training, lack of regular exercise, or a change of environment. Liver qi stagnation is implicated in body stiffness, cognitive inflexibility, and inappropriate responses to stimuli.

THE PROGRESSION OF LIVER QI STAGNATION

Two declarations from the Chinese classics, "Qi pushes blood; blood carries qi," and "the blood houses the mind" can serve to explain the interconnectedness of qi and blood in liver qi stagnation and the general role of blood in behavioral issues. Stress and liver qi stagnation are locked together in a chicken-and-egg-like cycle. Psychological stress can lead to liver qi stagnation; yet, if the liver qi is stagnant, there is a much greater probability for stimuli to cause the patient to become stressed.

Stress quite literally "depresses" the free flow of qi, as if a weight is lying on top of the meridian. A little interference from depressed liver qi causes the blood and fluids to flow sluggishly through the collateral vessels. Since qi is "carried by the blood" it too stagnates. As the stagnant portion of the qi is, in effect, left behind, it mingles with the new pulse of qi coming in behind it. Since one of the properties of qi is to warm, when qi movement is backed up, there is a tendency, like in a pressure cooker, for it to turn to heat. Heat can dry up the fluids, which in turn further interferes with the movement of qi. When the willow dries out, it loses flexibility. The consumption of body fluids by heat can cause the animal to lose adaptive flexibility.

One of the main functions of the spleen in TCM is to generate qi and blood from food. In order to accomplish this the spleen depends on the liver to provide a free flow of qi. Without this free flow, the transformation and transportation functions of the spleen are rendered inefficient and the quality of the qi and blood is compromised. An animal with liver qi stagnation is often irritable and quick to snap. She may be anxious, jumpy, or over-reactive when touched, display food aggression, or toy guarding behavior. As unstable liver qi compromises spleen function, the animal may have alternating soft stools with constipation or chronic soft stool. If the liver continues to attack the spleen, blood production is affected and dampness or phlegm can accumulate in the body. Long standing or severe stagnation of liver qi results in the flaring up of liver fire and can lead to restlessness, aggression, and inappropriate responses to the environment. The pattern described here is often called "liver over-acting on spleen" or "liver and spleen disharmony."

What follows is a formula guide for treating behavioral issues that stem from some form of liver qi stagnation.

Bupleurum and Tang Kuei Formula (Xiaσ Yaσ San)

Bupleurum and Tang Kuei Formula is the primary formula for harmonizing liver and spleen. It smooths the liver qi, strengthens the spleen, and supplements the liver blood and yin. **Bupleurum and Tang Kuei Formula** restores the proper balance between the liver and the spleen.

Animals who will benefit from **Bupleurum and Tang Kuei Formula may** display:

- Mild irritability or moodiness
- Quickness to snap, possibly immediately followed by shame
- Jumpiness or reactivity to being touched
- Food aggression or toy guarding
- Stools which alternate between soft and hard
- Chronic soft stool
- Pale tongue with teeth marks and/or thick white coat (if cold or dampness present)
- Pulse with wiry quality
- Recent history of stress.

Free and Easy Wanderer Plus (Jia Wei Xiao Yao San)

When the liver is constrained for a prolonged period, or when the constraint is severe, the situation tends to generate heat. Heat can intensify irritability. Additional heat signs may be red eyes, dermatitis, hyperactivity, pacing / restlessness, concentrated urine, dry mouth

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or jaundice. **Free and Easy Wanderer Plus Formula** harmonizes liver and spleen just like **Bupleurum and Tang Kuei Formula**, but it is augmented to clear heat and cool blood.

Animals who will benefit from this formula have similar signs and symptoms listed for **Bupleurum and Tang Kuei**, but will also show one or more of those below:

- Red eyes
- More severe aggression
- Constipation more than loose stool
- Red tongue, or tongue with orange sides
- Red-colored skin rash

BUPLEURUM D FORMULA

(Chai Hu Jia Long Gu Mu Li Tang)

The classical indication for this formula is to "unblock the three yang" after inappropriately purging an external pathogen. The three yang referred to here are the taiyang, shaoyang, and yangming described in the *Shang Han Lun*. They represent levels or stages in the body's defenses into which a pathogen might penetrate. At the same time, they represent specific areas and pathways in the body. The yang, compared to yin, is regarded as the "exterior" of the body. In TCM this is not limited to merely the surface of the skin. The upper part of the respiratory system is classified as external and the whole of the alimentary canal is also considered to be "exterior" because the material that passes through it has not yet been made part of the body. While still external, this material is stimulus, potential, and raw material for assimilation. The key word here is "assimilation." We not only assimilate food, we also assimilate, or "digest," experience: anything that becomes a part of who we are. The three yang, therefore, represent a stage in the process of an organism assimilating and adapting to the world. As an animal encounters stimulus, experience, food, toxins, ideas, and pathogens, the three yang provide the locations and actions in the body where the usable is separated from the unusable, the beneficial is sorted from the harmful, and the relevant distinguished from the irrelevant.

On the mental / emotional and, therefore, behavioral level **Bupleurum D Formula** has been shown to be extremely effective in dislodging stress (in the form of liver qi stagnation) that has combined with phlegm. In the modern clinic, this formula is primarily used to treat mental / emotional issues. It sedates and calms the spirit, moves liver qi, anchors liver yang, clears heat from the liver, transforms phlegm, and "unblocks the three yang." It is extremely useful in treating anxiety, restlessness, or disturbed sleep. It can be used to treat a pattern originally brought on by stress, where the source of stress no longer is present, but the response to the stress remains.

Animals who will benefit from this formula may have the following signs and symptoms:

- Sudden, aggressive behavior
- Anxiety
- Restlessness, pacing
- Repetitive behaviors such as licking and chewing
- Touch sensitive
- Hysteria with barking
- Fear biting
- Constipation
- Tongue lavender to red, may have slippery coat
- Pulse wiry or slippery, rapid, or forceful
- There may be a history of emotional trauma.

Combine with **Zizyphus Formula** (*Suan Zao Ren Tang*) for liver and heart blood deficiency with heat if animal has:

- Irregular heart beat / murmurs
- Tongue tip is red or indented
- Difficulty sleeping

Combine with **Heavenly Emperor's Formula** (*Tian Wang Bu Xin Dan*) for animals with additional

yin deficiency. This occurs in animals where additional structure in the second structure of the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in the second structure is second structure in the second structure in t

- Often older animals
- Awake during the night to pace
- Tongue lacks coat and tends to redness
- Pulse is forceful but lacks substance
- Noise sensitivity



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THE CLINICAL HANDBOOK OF CHINESE VETERINARY HERBAL MEDICINE is a valuable resource for the application of Chinese herbs in the Western veterinary clinic, and only the second book of Chinese veterinary herbal medicine written in the English language. Authored by veterinarians with training and experience in acupuncture and Chinese herbal medicine, it is intended to be a practical, all-inclusive handbook for veterinary practitioners, containing sections on Chinese veterinary medicine theory, the use of Chinese herbs, and a reference of commonly used Chinese veterinary herbal formulas.



Clinical Handbook of

CHINESE VETERINARY HERBAL MEDICINE

> Signe Beebe, DVM, Michael Salewski, DVM, Lorena Monda, DOM, John Scott, DOM

The formula section features an in-depth description of each herbal prescription, including ingredients, Chinese medicine energetics, Western biomedical indications, contraindications, and clinical notes. The formulas found here are animal-friendly, easy-to-use, and readily available in tablets and granules. Indexes at the end of the book make prescribing easy for the veterinarian integrating Chinese herbal medicine into clinical practice.

- FEATURES:
- Introduction to traditional Chinese veterinary medical theory
- Usage of Chinese herbs in veterinary practice
- Safe application of Chinese herbal medications
- Dosage recommendations
- Equine considerations
- Conditions treatable with Chinese herbs
- Exposition of Chinese herbal formulas commonly used in modern veterinary practice, including Western biomedical indications, contraindications, and clinical notes
- Formula ingredients in pinyin, Latin, and common names
- Small Animal and Equine Quick Guides
- Chinese Energetic, Symptom, and Zang-Fu Indexes
- Glossary of Chinese Medical Terms Used © 2006 Herbal Medicine Press.

Available from Golden Flower Chinese Herbs.

Trade Paperback. Dimensions: 8.5"x 11". 208 pages. \$24.95